# HOW TO USE MY CAREER PATH: SUGGESTIONS FOR INSTRUCTORS

## In a Syllabus

#### Suggested language:

You are encouraged to visit <u>My Career Path</u> for additional activities that will complement our curriculum and your career development. In addition to tailored suggestions, My Career Path tracks your progress and shows how completed activities advance your career milestones.

## In a Class Meeting

- Direct students to visit <u>My Career Path</u> and complete "My Preferences." In pairs, discuss: What activities/ experiences did you mark as having completed? How have these activities/experiences contributed to your career development?
- Direct students to visit <u>My Career Path</u>. Go around the room and ask each student to share one Suggested Activity they found interesting or helpful.
- Direct students to visit <u>My Career Path</u> and mark any activities they have completed. Break into four small groups according to milestone. Have each group brainstorm ways a student can develop this milestone.
  - Career planning & reflection (activities that help you to reflect on career goals and develop a personal career plan)
  - Career experiences (Activities connected to career development and goals)
  - Career articulation (Activities that help you prepare for the job search)
  - Connections to employers or alumni (Activities to expand your network)

### In an Assignment

#### Suggested language:

- Visit My Career Path and complete "My Preferences." Write 200 words in response to one of the following prompts (your choice):
  - What activities/experiences did you mark as having completed? How have these activities/experiences contributed to your career development?
  - O What was your response to "Do you have trusted people that you can talk to for helpful career advice?" Why did you select the answer you did? If you selected "No, I'm on my own," what is one step you can take to build your support network?
  - What was your response to "How are you feeling today about your career pathway preparation?" Why did you select the answer you did?
- Visit My Career Path. What is one Suggested Activity that you learned about? Do you plan to complete this activity? Why or why not?
- Visit <u>My Career Path</u> and save three activities you would like to complete this semester. What activities did you select and why?
- Visit My Career Path and mark any activities you have completed. Save your progress chart (on "My completed activities") to PDF and upload it here.
- Visit My Career Path and mark any activities you have completed. Review your progress chart (on "My completed activities"). Identify one career milestone you would like to develop this year. Write a SMART goal (specific, measurable, actionable, realistic, and time-sensitive) for how you will work toward this milestone.
- Review the goal you wrote earlier this semester about career milestones. Visit <u>My Career Path</u> and review your progress chart. Have you made progress toward this milestone? Why or why not?

See Career Modules for more information on using career content in your course.

